CITRUS FRUIT GUIDE

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There are many types of citrus fruit available in markets today all of which are believed to be hybrids of three original types - mandarin, citron, and pummelo (pumelo). Commonly found citrus are listed in the chart below; fresh citron is not widely available in grocery stores so is not listed.

| TYPE | TASTE | PEAK SEASON |
|---|--|--|
| Grapefruit - Ruby Red | Ruby Red - sweeter, less bitter | October - June |
| - White | White - can be less sweet and more acidic than Ruby Red | |
| Kumquat | Sweet peel, tart fruit (eat peel and all) | February - April |
| Lemon - Eureka - Lisbon | Eureka and Lisbon - tart, astringent, bright lemon flavor | Eureka and Lisbon - year-round |
| - Meyer | Meyer - sweet, bright lemon flavor, less acidic | Meyer - Jan - Feb |
| Lime - Tahiti | Tahiti and Bearss - tart, acidic lime flavor | Available year- round; peak in Fall |
| - Bearss - Key | Key - intense lime flavor, slightly less acidic | |
| Mandarin - Clementine - Satsuma - Tangelo - Tangerine | All varieties - sweeter flavor and less acid than regular navel oranges | October - April depending on variety |
| Orange - Navel | Navel - somewhat sweet, juicy, low acid | Navel - Nov - May |
| Blood OrangeValencia | Blood Orange - sweet and tart, slight berry flavor | Blood - Dec - April |
| - Sour or Seville | Valencia - tart; generally used for juice | Valencia - April - June |
| | Sour or Seville - very sour or tart, more bitter; used in marmalade and Triple Sec | Sour-Seville - Jan - March |
| Pummelo or Pomelo | sweeter, less bitter than grapefruit | November - April |