## MULTI-TASKING FOR SALAD SPINNERS

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Salad spinners are a great multi-purpose kitchen tool. Not only do they make easy work of removing moisture from freshly washed salad greens but they also work their moisture-removing magic on other food items.

Removing moisture from certain foods is key to:

- allowing dressings, vinaigrette, and sauces to coat evenly and without separation
- extending freshness and shelf life
- aiding cooking methods such as roasting, sautéing and baking

photo: OXO

Try using a salad spinner for

- spinning excess moisture out of -
  - fresh or cooked vegetables (spaghetti squash, shredded, spiralized or sliced zucchini, leeks, broccoli, cauliflower, grated potatoes and others)
  - o pasta, egg or rice noodles
  - o tofu shirataki noodles
  - o shrimp and scallops
- removing the seeds from fresh tomatoes
- rinsing and drying
  - o fresh berries
  - o fresh herbs
  - $\circ$  canned beans and chickpeas
  - o canned artichokes